



EASTERN PROGRAMMING

QUAD CITIES AREA



for session descriptions & age ranges, go to redzoneia.com/camps
to view them on a calendar layout, go to redzoneia.com/calendar

SPRING

Wednesdays @ Bettendorf—Crow Creek Park

Apr 10 – May 29 | 8 weeks

- Jr QB 4:30-5:30 pm
- Advanced QB 5:30-6:45 pm
- Rotating Group (see schedule below) 5:30-6:45 pm
- Spring Ball + Tackle Training 6:45-8:00 pm

Apr 10 & 17
Playmakers &
Developmental

April 24
WR/DB

May 1
Scrimmage

May 8
RB/LB

May 15
Playmakers &
Developmental

May 22
WR/DB

May 29
7v7

Sundays @ Davenport—Prairie Heights Park

Apr 14 – May 19 | 6 weeks

- Rookie + Developmental 5:00-6:30 pm
- Spring Ball + Tackle Training 6:30-8:00 pm

SUMMER

Wednesdays @ Bettendorf—Crow Creek Park

June 5 – July 17 | 6 weeks

no camp on July 3

- Rookie + Developmental 4:30-5:45 pm
- Jr QB* 5:15-6:30 pm
- Advanced QB* 6:30-7:45 pm
- Rotating Group (see schedule below) 6:30-8:00 pm

June 5
Playmakers +
Tackle Training

June 12
Bootcamp
+ WR/DB

June 19
RB/LB +
Scrimmage

June 26
Playmakers +
Tackle Training

July 10
Front 7 +
+ WR/DB

July 17
Bootcamp +
Scrimmage

* must pre-register for all 6 summer QB sessions for 8 credits. 8 spots only per QBs group.

Jr QBs may join from 4:30-5:15 with Rookie + Devo group for no extra charge. They will peel off with Coach Sweers for QB work at 5:15.

Advanced QBs may stay until 8pm joining in with the rotating group's last drills at no extra charge

Sundays @ Davenport—Prairie Height Park

June 23 – July 14 | 4 weeks

- Tumble Rumble + Scrimmage 5:00-6:30 pm
- 7v7 Prep Camp 6:30-8:00 pm

All sessions on this page, except summer Jr/Advanced QB sessions, may be attended on a drop-in basis with punch card enrollment, anytime & anywhere. Each session costs 1 credit per player. Players may attend back-to-back sessions that they fit the age group for. 2 sessions = 2 credits cost
Rotating Group: different group each week, all with similar age range; opportunity for well-rounded development or pick preferred skill/position dates